

Starters

- GF Wild Mesclun Greens**
honeydew, pear, five spice almonds, feta, yuzu sesame dressing 14.99
- GF Caesar Salad**
lightly dressed romaine & kale, parmensan, capers, balsamic, croutons 15.99
- GF Roasted Beet Salad**
arugula, goat cheese, candied pecans, preserved lemon & honey vinaigrette 15.49
- Calamari**
preserved lemon, jalapeno, red onion, lime salt, tzatziki 18.99
- Smoked Salmon on Wonton Crisps**
smoked lox, crispy wontons, dijon aioli 16.99
- Glazed Back Ribs**
serano honey ginger glaze, sesame cucumber lime aioli 18.99
- Crispy Wonton Prawns**
wonton crusted tiger prawns, chipotle plum sauce 15.99
- Beef Carpaccio**
thinly sliced beef tenderloin, dijon aioli, parmesan, capers, wonton crisps 17.99
- Crab Cakes**
3 cakes, tarragon tartar, preserved lemon slaw 19.99
- GF Tomato Basil Mussels**
3/4lb of fresh mussels, tomato basil white wine broth, french fries 21.99
- GF Crispy Brussel Sprouts & Fried Tofu**
maple garlic soy glaze, Sriracha aioli 15.99



Surf

- GF Curry and Kahlua Prawns**
oceanwise prawns, kahlua yellow curry cream reduction, jasmine rice & mixed veg 24.99
- GF Steelhead Salad**
fresh steelhead, mesclun greens, red onion, capers, goat cheese, strawberries, strawberry dill vinaigrette 25.99
- GF Pecan Crusted Steelhead**
fresh steelhead filet, arugula pesto bearnaise, jasmine rice & mixed veg 29.99
- GF Ahi Tuna**
fresh Ahi, sesame crusted, wasabi soy sauce, medium rare, jasmine rice & mixed veg 29.49
- GF Seafood Hot Pot**
prawns, steelhead, pacific cod, fresh mussels, spicy red curry cream, rice noodles 25.99
- Lobster Stuffed Ravioli**
roasted garlic cream sauce, prawns, asparagus, basil pesto, sun dried tomato pesto 26.99

Turf

- Terriyaki Chicken Wild Rice Bowl**
stir fried veggies, bean sprouts, pickled cabbage, carrots, butter pickles, coleslaw, spicy lemon cream, wonton chips 23.49 (6oz) / 28.49 (9oz)
- Pesto Chicken Linguine**
7oz chicken, brie, artichokes, sun-dried tomatoes, red onion, pesto cream 25.49
- GF Stuffed Chicken**
prociutto and goat cheese stuffing, tarragon cream, garlic mashed potato, mixed veg 28.49
- Hoisin BBQ Braised Beef**
slow braised beef shank, ginger scallions, garlic mashed potato, mixed veg 36.99
- "AAA" alberta premium cut steak**
WAG demi glaze, garlic mashed potato, mixed veg
 - GF** substitute Black garlic thyme butter +3
 - GF** substitute bay shrimp hollandaise +10
 - 7oz Flat Iron** 37.99
 - 6oz Tenderloin** 49.99
 - 10oz New York Striploin** 52.99

Earth

- Butternut Squash Ravioli**
sage brown butter, feta, candied pecans, lemon chili cream 22.99
- Vegan Fried Brussel Bowl**
stir fried veggies, pickled cabbage, carrots, maple garlic soy, Sriracha tofunaise, chives 19.99

GF cross contamination possible - PLEASE INFORM US OF FOOD ALLERGIES

taxes not included